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Secretary

Mrs. E. Mertens

St. Michael's Catholic
Elementary School

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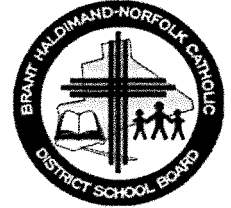
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January 2026 Newsletter



A Prayer for the New Year

Faithful Companion,
In this new year I pray:
To live deeply, with purpose,
To live freely, with detachment,
To live wisely, with humility,
To live justly, with compassion,
To live lovingly, with fidelity,
To live mindfully, with awareness,
To live gratefully, with generosity,
To live fully, with enthusiasm.
~ J. Rupp



Zone 1 Inclement Weather

In the event of weather that may affect school transportation, parents are asked to keep in mind the following information. St. Michael's School is a **Zone 1** school with Norfolk County schools. If bus transportation is cancelled in Zone 1 (as announced by local radio stations) St. Michael's School will be closed for students and staff. Decisions to cancel or delay transportation will be made prior to 6:30 a.m. and be announced prior to 6:45 a.m. Parents can access this information through the Board's website (under the Parents tab) or use the website www.stsbhn.ca. Parents can click on the "cancellations – closures or morning fog delays" icon. The website page also contains information on other sources of cancellation/delay information such as radio stations and television channels.

Kindergarten Registration

From January 5th to February 20th please visit the School Board website at www.bhncdsb.ca to register your child online. Please call the School Board office at 519-756-6369, if you have further questions. Please spread the news of the registration to other families!!



Parish Information

St. Michael's Catholic Church

Parish Pastor: Father Seejo John

Masses:

Sat 5:00 and Sun 10:30 at Sacred Heart Langton
Sun. 8:30 at St. Michael's

Dressing For The Weather

Parents, please ensure that your child(ren) are coming to school dressed for the weather. Students are expected to wear a hat, mittens/gloves, and snow pants outside for recess, regardless of the grade they are in. The students will be going outside for at least part of the recess whenever the weather permits. An extra pair of socks may be beneficial to have at school on days when your child's feet get very wet. Thank you very much for your cooperation in helping to keep our children warm and dry this winter.



Gr. 9 Open House at Holy Trinity

A Grade 9 Open House will be held on Thursday, January 15th at Holy Trinity from 6:30 p.m. to 8:00 p.m. All Grade 8 students and their parents are invited to attend and see what it is like to be a Holy Trinity Titan!!

Brant-Haldimand-Norfolk Catholic District School Board

Holy Trinity Catholic High School

**FUTURE GRADE 9
STUDENT & PARENT
OPEN HOUSE**

THURSDAY, JAN. 15 6:30 PM

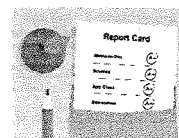
trinitycatholic.ca

PA Day

Please mark your calendars for Monday, January 19th as a PA Day. There will be no transportation or school for the students.

Report Cards

Report Cards will be sent home electronically on Monday, February 9th. Just a reminder to let the office know if there have been any changes to your email address.



School Council

The White Elephant Sale that was held on December 1st was a success ! The Parent Council raised a little over \$400.00. Thanks for all your support.

Thank you goes out to the Parent Council who generously supplied the Christmas Turkey Dinner from Kaley's Restaurant on December 10th for all of the staff and students to enjoy. Next Parent Council Meeting will be held on Thursday, January 29th at 5:00 in the School Library. All are welcome to attend.



Christmas Family Donations

Thank you to our school community who generously donated to our Family that we sponsored with the St. Vincent de Paul Society. We are very grateful knowing that we have helped a family in need have a nicer Christmas

Senior Board Basketball Tournament

Good Luck to the Girl's and Boy's Basketball Teams who will have the chance to participate in the Board Tournament on Monday, January 26th at Holy Trinity. Thanks to Ms. Oud and Mr. Loncke for coaching the teams.

Health Unit News

Please see the flyer attached to the back of this newsletter in regards to Head Lice.

Spirit Days

Spirit days for the month of January:

Friday, January 9th—Gum Day .25¢
 Wednesday, January 14th—Hawaiian Day
 Wednesday, January 21st—Warrior Day
 Tuesday, January 27th—Hat Day



Head Lice

What are head lice?

Head lice are tiny insects that live on the scalp, where they lay eggs. They do not jump, fly, swim, or live on cats or dogs.

Head lice are common in school aged children. They are not a health concern or a communicable disease. They are also not associated with illness or poor hygiene.

Symptoms

- tickling or itchy feeling on the head.
- feeling something moving in the hair.
- frequent scratching the head.

How do I know if my child has lice?

In very bright light look behind ears, near the neck and close to the scalp for small insects moving in hair (lice), and small eggs (called nits) that are attached to the hair near the scalp.

How to prevent lice

Lice spread from one person to another when there is close head-to-head contact or when items that have touched the hair of someone who has lice are shared.

Do not share personal items such as:

- brushes and combs
- hair bands, ties, and elastics
- head phones
- hats or helmets
- scarves or towels

Treatment of Head Lice

Lice shampoo products have been shown to be the most effective method for getting rid of head lice.

Head lice treatment products are available for free for Ontario residents 24 years or younger through OHIP and not covered under a private plan. Families would have to visit a doctor to receive a prescription.

Before using any head lice shampoo product, read the product inserts and carefully follow the instructions on the package.

For non-chemical treatment options, speak to your doctor, pharmacist or health care provider.

Also, speak to your health care provider if your child has head lice and:

- is under 2 years old
- has a seizure disorder
- has lice or nits on their eyebrows and eyelashes
- has open sores or wounds on the scalp
- has allergies

If you are pregnant or breastfeeding, call your doctor for more information.

Cleaning Your Home

Head lice can live up to 24 hours off the head. Pay special attention to items that directly touch the head such as hats, pillowcases, car seat covers, combs and brushes.

Wash these items in hot water and dry them in a hot dryer for at least 15 minutes or store the items in an airtight plastic bag for two weeks.

Reference: Head lice infestations: A clinical update, Canadian Pediatric Society, September, 2016

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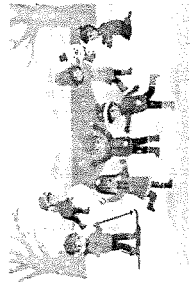
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**BRANT COUNTY
HEALTH UNIT**

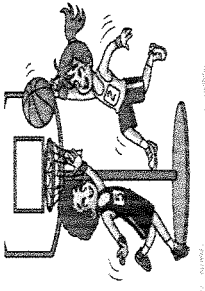
HealthUnit
Haldimand-Norfolk

Developed by the Haldimand-Norfolk Health Unit.

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January 2026



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| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|--------------------------------|--|--|--|-----|
| | | | | 1 | 2 | 3 |
| 4 | 5 Welcome Back Day 1 | 6 Penne Day 2 | 7 Day 3 | 8 Popcorn DARE 7/8 Day 4 | 9 Pizza Gum Day .25¢ Day 5 | 10 |
| 11 | 12 Day 1 | 13 Mac & Cheese Day 2 | 14 Panzerotti Hawaiian Day Day 3 | 15 Popcorn Library DARE 7/8 Gr. 9 Open House at HT 6:30-8 Day 4 | 16 Pizza Day 5 | 17 |
| 18 | 19 PA Day Report Card Writing | 20 STEM Pancakes Day 1 | 21 STEM Warrior Day Day 2 | 22 Popcorn STEM Day 3 | 23 Pizza STEM Day 4 | 24 |
| 25 | 26 Senior Basketball Tournament Day 5 | 27 Nuggets Hat Day Day 1 | 28 Panzerotti Day 2 | 29 Popcorn Parent Council Meeting 5:00 Day 3 | 30 Pizza Basketball Cancellation Date Library Day 4 | 31 |